

RADIO ROUNDUP

a collection of features, oddities,
and helpful tips



**NORTH AMERICAN
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89 WORDS, 30 SECONDS

DELIGHTFUL FOOD IDEAS

HERE'S SOMETHING TO CHEER ABOUT: WHOOPIE PIES CAN BE EASY AND FUN TO MAKE. SO SAYS LISA SHELDON, AUTHOR OF THE "OLIVE OIL BAKING" COOKBOOK. BY USING OLIVE OIL, SUCH AS POMPEIAN (POM-PAY-AN), YOU CAN ENSURE THE COOKIES ARE MOIST AND DELICIOUS AND LOWER IN SATURATED FAT AND CHOLESTEROL THAN WHEN YOU BAKE WITH BUTTER. SHE ADDS THAT OLIVE OIL IS A SMART CHOICE FOR INCREASING YOUR INTAKE OF MONO-UNSATURATES. FOR THE RECIPE, VISIT P-O-M-P-E-I-A-N--DOT--COM OR "LIKE" THE COMPANY ON FACEBOOK.