

# Did You Know?

(NAPS)—A few simple steps can help make sure the packages you send and receive this holiday season end up in the right hands. For tips you can use not just during the holidays, but all year long, visit: [www.usps.gov](http://www.usps.gov) and [www.usps.com](http://www.usps.com).

A beautiful kitchen can be easy to cook in and simple to keep clean. A sink made of non-porous SILGRANIT by BLANCO resists dirt and germs. A hands-free SOLENTA semi-pro faucet with start-stop technology means less to clean while you're keeping clean. Learn more at [www.blancoamerica.com](http://www.blancoamerica.com).

The isolation of the pandemic, especially during the holiday season, can cause some older Americans to feel depressed—but doctors and the GeneSight genetic test can help. To learn more about older adults and depression, visit [www.genesight.com/olderadult](http://www.genesight.com/olderadult).

Turning out great baked goods can be easier with a quality kitchen appliance that's NOT the stove. It's the sink. With the BLANCO IKON white SILGRANIT farmhouse sink, baking can be faster and easier than ever. For further facts, tips and recipes, go to [www.blancoamerica.com](http://www.blancoamerica.com).

A fast, reliable Internet connection can make working, studying and enjoying themselves at home easier for your family. Learn how to test your Internet at [www.smartmove.us/speedtest](http://www.smartmove.us/speedtest).

Long-term care is not typically covered by health or other traditional insurance. The Federal Long Term Care Insurance Program, sponsored by the Office of Personnel Management and insured by John Hancock Life & Health Insurance Company, may be helpful to you. Learn more at [www.LTCFEDS.com](http://www.LTCFEDS.com).



Packing and shipping gifts across town, across the country or around the world for the holidays is easy, provided you follow simple tips from the United States Postal Service. Learn more at [www.usps.com](http://www.usps.com).

A Home Value Investment, also called home equity sharing, is an innovative offering in which companies such as Noah offer homeowners upfront funding in exchange for a share of the home's value. At the end of the term, you buy out the investment. Learn more at [www.noah.co](http://www.noah.co).

A side dish with a twist you can enjoy on the holidays or any time, features the flavor and soul of New Orleans and is easy to make with a box of Zatarain's Jambalaya Mix. You can find recipes and good ideas at [www.mccormick.com/zatarains](http://www.mccormick.com/zatarains).

Making White Chocolate Peppermint Popcorn Bark can be a great way to celebrate the holidays at home. It's a terrific gift too. The recipe can be seen at: <https://www.popcorn.org/Recipes/Details/white-chocolate-peppermint-popcorn-bark>.

The United States Postal Service cares about keeping employees and customers safe every day of the year. Visit [www.usps.com](http://www.usps.com) for information about safety during the pandemic and during the holidays.