

Did You Know?

(NAPS)—At least 1 in 10 Americans has diabetes. To learn about preventing or delaying diabetes health problems, visit the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) website at www.niddk.nih.gov and follow on social media @NIDDKgov.

Make sure your kids get a good brush and floss in before bedtime this Halloween to help keep the sugar bugs away, advise the experts at Delta Dental of Washington. For ore Halloween tooth saving tricks and treats, visit www.deltadentalwa.com.

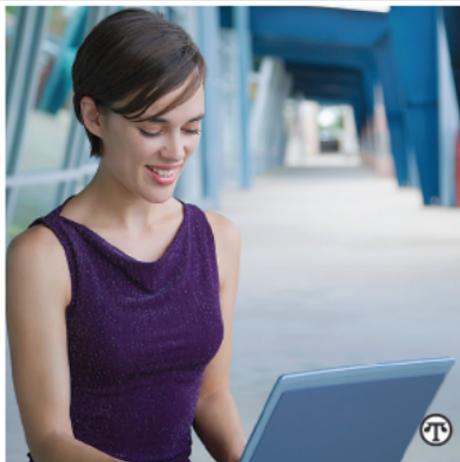
The Tooth Fairy Experience is back in schools with a storybook and lesson plan. For parents looking for fun ways to teach kids about caring for their smiles, The Tooth Fairy Experience website (www.TheToothFairyExperience.com) provides helpful resources. Learn more from Delta Dental of Washington at www.deltadentalwa.com.

Ditch snow for sun and sea. Just add water to your holiday plans and spend the season at sea with Boatsetter, the leading mobile app for boat rentals, charters and on-water experiences. For further facts, to see available tours or to book one, visit www.boatsetter.com.

This holiday season, you can add some variety to your menu with tasty, healthy smoked salmon dishes from Latitude 45. For delicious recipes, visit www.latitude45salmon.com/recipes.

Thanks to the ongoing implementation of its Delivering for America plan, the Postal Service currently delivers 98 percent of the nation's mail and packages in fewer than three days, with 40 percent of First-Class Mail and packages being delivered a day in advance. More at usps.com/holidaynews.

Itching eyes, blurred vision and difficulty seeing at night, especially in



young people, can be signs of a serious eye disease called keratoconus. An ophthalmic medical technology and pharmaceutical company, Glaukos, developed the only FDA-approved procedure for progressive KC. Learn more at www.glaukos.com.

To help ensure small businesses have access to the best information and tools to keep them on the cutting edge, a company called Synchrony offers a broad suite of free courses, resources, and initiatives. For further facts and advice, call 866-209-4457 or visit learn.synchronybusiness.com or www.synchrony.com.

When the holidays are at your house they can be even more magical if you have a good plan for cleaning up before and after the company comes with the help of Ensueño Liquid Detergent, Pinalen Multipurpose Cleaner and Pinalen Original. Learn how at www.amazon.com/stores/AlenBrands.

At CVS Pharmacy and MinuteClinic, you can conveniently schedule vaccines for yourself and your family in the same appointment via digital scheduling (through CVS.com, MinuteClinic.com or the CVS Pharmacy app), and the pharmacy offers walk-in appointments for people of all ages, seven days per week.