

# Fashion FORECAST

## Growing And Maintaining Strong, Beautiful Nails

(NAPSA)—Give yourself a hand—and while you're at it, show off your nails! 'Tis the season for weddings, proms and other outdoor events, giving you countless opportunities to let your fingertips do the talking. However, after a winter of hiding your hands behind gloves, you may need more than just a polish to get your nails into shape.

Nail care experts from Professional Solutions offer a number of tips for creating beautiful, healthy nails without spending a fortune:

- For brides who keep their nails fairly short, start growing them two or three months before the wedding. Professional Solutions' Calcium Growth Builder, a brush-on formula, nourishes nails, protecting them and helping them grow. Incredible Strength also increases nail growth.

- For the continental look of a French manicure—the choice of many a bride—there's Hard and Healthy French Manicure, an at-home kit that includes everything you need to achieve professional-looking results.

- For last-minute nail mishaps, try Professional Solutions' Fix-a-Nail Brush-on Glue, a fast-acting, fast-drying nail mender. Since even the greatest manicure can break, nails should be done the day before the wedding at the earliest.

### **How I Learned to Stop Worrying and Love the Prom**

Prom night can be made extra glamorous with stylish nails. For teens who want to dress up their nails there's Nailene's Completely Airbrush, a nail kit with 20 full-cover airbrushed nails in a variety of professional-looking nail designs. For sheer beauty that lasts



**With proper care, it's easy to have long, luxurious nails that get noticed.**

through the night try Nailene's French Express-French Shimmer, which adds a dazzling twist on the classic French manicure look.

### **Out There...and Loving Every Minute Of It**

At a barbecue, graduation or other outdoor event, it's easy to have nails that get noticed. Want long and luxurious nails? Try Professional Solutions' Nail Hardening Cream, which hardens soft, weak nails and helps them resist splits and breaks.

Because colored polish can sometimes cause nail discoloration, always apply a base coat as a foundation before experimenting with the season's hottest colors. One suggestion is Hard and Healthy, a multi-vitamin strengthening formula that's also an excellent base coat.

And, because you never know what can happen, keep Professional Solution's Instant Nail Repair handy for emergencies. It's small enough to fit in a purse and is a quick fix for cracks and splits.

Professional Solutions and Nailene products are available in major drug, mass merchandise, discount and food retail outlets.