

# RADIO ROUNDUP

a collection of features, oddities,  
and helpful tips



**NORTH AMERICAN  
PRECIS SYNDICATE, INC.**

415 Madison Avenue, 12th Fl.  
New York, New York 10017

---

89 WORDS, 30 SECONDS

## MAKE BREAKFAST BETTER

BREAKFAST, THE FIRST AND MOST IMPORTANT STEP TO EATING WELL, GIVES KIDS THE FUEL TO GET THROUGH THEIR DAY AND FOCUS ON WHAT'S IMPORTANT. FORTUNATELY, THE FROZEN FOOD AISLES ARE FULL OF COOL FOOD FOR KIDS: FROZEN WAFFLES, PANCAKES TOPPED WITH FRUIT, FROZEN BAGELS AND FRENCH TOAST STICKS TOPPED WITH PEANUT BUTTER. KIDS CAN ALSO MIX UP A QUICK SMOOTHIE WITH ORANGE JUICE, FROZEN FRUIT AND YOGURT. TO FIND RECIPES, MEAL SOLUTION TIPS AND IDEAS, FOOD SAFETY INFORMATION AND EVEN VALUABLE PRIZE OPPORTUNITIES, VISIT [EASY-HOME-MEALS--DOT--COM](http://EASY-HOME-MEALS--DOT--COM).