



NEWS OF VETERANS

MOST VETERANS DO NOT EXPERIENCE A MENTAL HEALTH ISSUE, BUT FOR THOSE WHO DO, THESE CHALLENGES CAN BE ESPECIALLY DIFFICULT IN RURAL AREAS WHERE FEWER CLINICIANS PRACTICE OR TRAVEL TIME IS GREATER.

TO LEARN MORE ABOUT THE DEPARTMENT OF VETERANS AFFAIRS' INNOVATIVE TELE-HEALTH PROGRAMS OR TO CATCH UP ON RURAL HEALTH NEWS, VISIT WWW.RURAL-HEALTH.VA.GOV.

TO HEAR REAL STORIES FROM OTHER VETERANS WHO GOT HELP, MANY OF WHOM LIVE IN RURAL AREAS, VISIT MAKE-THE-CONNECTION.NET.